

Molson Uses the MBTI® Assessment to Improve Team Performance

Brewing Brilliance with the MBTI® tool

The Molson Coors Brewing Company is the world's fifth-largest brewer, but it's aiming higher—and it's tapping the power of personality type to get there.

In Canada, Molson has a leading market share and is the largest brewer by volume. But in the fiercely competitive beer business, that's only enough to give North America's oldest brewery a slim lead. "It's a tough market," says Diane Larouche, a change manager with the company's IT project management office in Montreal. "There are a lot of players, including microbreweries. Globalization is aggressive. And wine is gaining ground."

To thrive in the midst of these pressures, the company has set aggressive goals and is working to create a culture of "brilliant execution."

"The leadership team wants to work more from the grass-roots up, in this area and many others," says Larouche. "They understand that competitive advantage comes from people, not technology. The brilliant execution initiative is about empowering people to 'decide, plan, do, and review.'"

As part of the initiative, Larouche facilitated a team-building activity in May 2010 with the finance department of Molson Coors Canada. Consulting first with a senior vice president and three VPs, she got an idea of the situation and the challenges facing the department's three work groups. "Making decisions was a problem," she says. "There was a sense that it was a long process. People were second-guessing themselves and each other."

With that in mind, she reflected on what the team needed to achieve brilliant execution: "How can people contribute? How can they work to the best of their ability? How can they leverage their differences to move forward more positively?"

“It's a credible tool, it has validity and it's been well studied . . . The amount of information in the reports was perfect. It was concise and easy for each person to understand, and for synthesizing to get the bigger picture of how the groups were functioning.”

Diane Larouche,
Change Manager, Molson Coors Brewing Company

She then conducted team-building workshops with more than 90 employees, from VPs to administrative assistants, using the *Myers-Briggs Type Indicator*® (MBTI®) Step II™ assessment. "I wanted to help them work well together and relate well with each other," she says. "I picked the MBTI tool because it enables people to understand their own styles, how they lead their day-to-day activities, and how that affects the group. It brings out the soft-skills side that you need along with the mechanical process side if you want a group to be very good at delivering exceptional results."

She also chose the MBTI Step II assessment for its reliability—"It's a credible tool, it has validity and it's been well studied," she explains—and for the more refined picture it offers of each type. "The amount of information in the



The people development people. **cpp**

reports was perfect," she says. "It was concise and easy for each person to understand, and for synthesizing to get the bigger picture of how the groups were functioning."

Larouche says the feedback she received from the team was excellent: "There were a lot of thinkers, people who objected when it was decision time," she says. "This experience showed them the limitations of majority groupthink. They could see how they were not benefiting from others, how their patterns and misperceptions were causing them to ignore or judge some people without considering them. With awareness of self and awareness of others, the whole team will be more able to realize the benefit of diversity and become more efficient and effective."

About CPP, Inc.

At CPP, our only job is to help you be a better HR professional and, in turn, help every employee flourish. While we're best known for our products, like the *Myers-Briggs Type Indicator*® assessment, CPP is also a group of people who can offer you the information, guidance, and support you need.

We offer solutions to help you improve organizational performance and address whatever challenges you face—from team building, leadership and coaching, and conflict management to career development, selection, and retention. Perhaps that's why millions of people in more than 100 countries use our products each year. They include individuals at Fortune 500 companies and businesses of all sizes, as well as educators, government agencies, and training and development consultants.

Since its founding in 1956, CPP, Inc., has been a leading publisher and provider of innovative products and services for individual and organizational development. Available in more than 20 languages, the company's hundreds of products help people and organizations grow and develop by improving performance and increasing understanding. Among CPP's world-renowned brands and services are the *Myers-Briggs Type Indicator*®, *Strong Interest Inventory*®, *Thomas-Kilmann Conflict Mode Instrument* (TKI), *FIRO*®, *CPI 260*®, and *California Psychological Inventory*™ (CPI™) assessments, and CPP Professional Services.

**Let's make a difference together.
Talk to us today to see how.**

1055 Joaquin Road, Suite 200, Mountain View, CA 94043
800-624-1765 : www.cpp.com : The Myers-Briggs® experts

© 2012 by CPP, Inc. All rights reserved. California Psychological Inventory, CPI, CPI 260, Fundamental Interpersonal Relations Orientation, Fundamental Interpersonal Relations Orientation—Behavior, FIRO, FIRO-B, FIRO Business, SkillsOne, Strong Interest Inventory, and the CPP logo are trademarks or registered trademarks of CPP, Inc., in the United States and other countries. Myers-Briggs Type Indicator, Myers-Briggs, MBTI, Step I, Step II, and Introduction to Type are trademarks or registered trademarks of the MBTI Trust, Inc., in the United States and other countries.

Case study provided by CPP's Canadian distributor, Psychometrics Canada (www.psychometrics.com).

